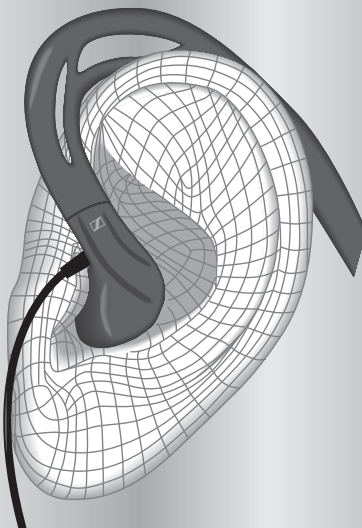




# PMX 680i SPORTS



Instruction manual



## Important safety instructions

### In order to prevent damage to health:

- ▶ Set the volume to a low level before putting the earphones on.
- ▶ Avoid listening at high volume levels for long periods of time.

The earphones contain magnets that generate a magnetic field which could cause interference with cardiac pacemakers and implanted defibrillators.

- ▶ Keep the earphones at least 1.2" (3 cm) from cardiac pacemakers or implanted defibrillators.

### In order to prevent accidents:

- ▶ Do not wear the earphones in an environment that requires your special attention (e.g. in traffic).
- ▶ Keep the earphones and accessory parts out of reach of children who could swallow smaller pieces.

### In order to prevent damage to the earphones:

- ▶ Do not heat the earphones (hairdryer, heating, extended exposure to sunlight, etc.).
- ▶ Do not store wet earphones in a bag.

## Delivery includes

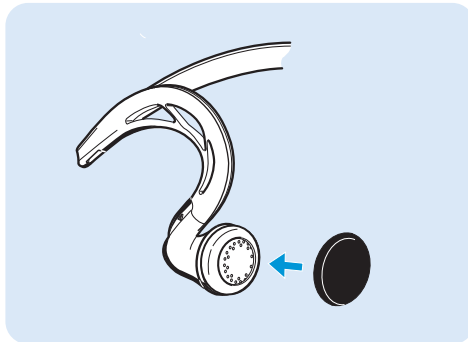
- 1 pair of PMX 680i Sports neckband earphones
- 1 pair of ear pads
- 1 cable clip
- 1 storage pouch
- 1 instruction manual



Accessory parts are available from your Sennheiser partner. To find your Sennheiser partner, please visit our website at [www.sennheiser.com](http://www.sennheiser.com) > Service & Support > Service Partners.

## Adjusting the earphones

- ▶ Attach the ear pads to the earphones.



## Putting on the earphones

**WARNING** Hearing damage due to high volumes!

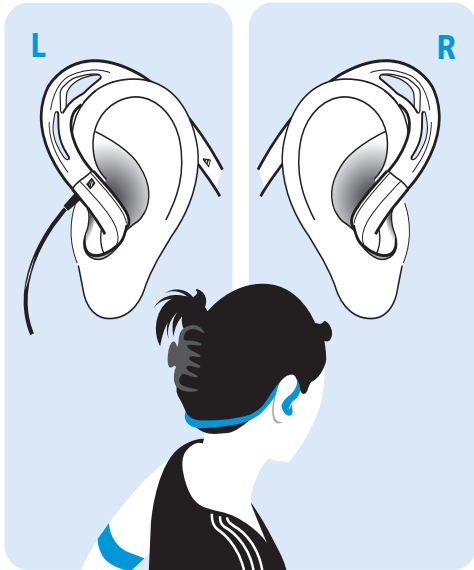


Listening at high volume levels for long periods can lead to permanent hearing defects.

- ▶ Avoid listening at high volume levels for long periods of time.

To ensure the best possible sound performance, use the supplied ear pads. Place the earphones at an angle and as close as possible in front of your ear canals:

- ▶ Put on the earphones as shown.

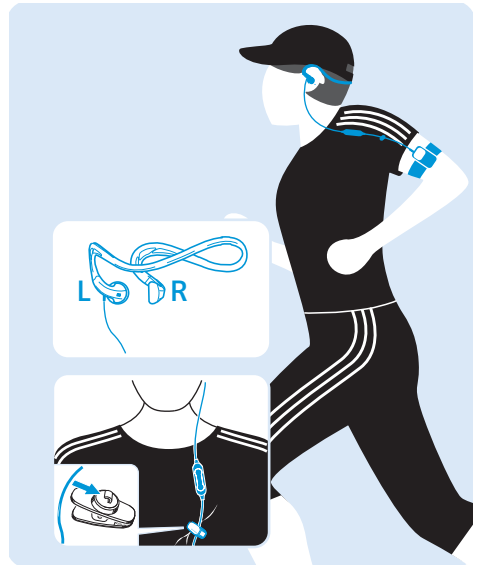


## Optimum cable routing

- ▶ Ensure that the cable is routed close to the body, but that your freedom of movement is not restricted.

To relieve cable strain and reduce body sound:

- ▶ Use the supplied cable clip.

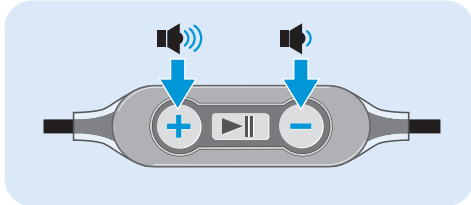


## Smart remote with mic

The integrated remote and mic lets you easily and conveniently operate your iPod or iPhone.

### Adjusting the volume

- ▶ Press the + or – button.



### Playing music

- ▶ Press the ▶|| button

**once:** Play/pause a track

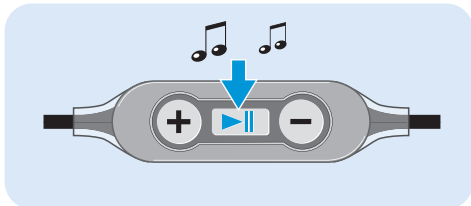
**twice:** Play next track

**3 times:** Play previous track

**twice quickly and hold:** Fast-forward\*


**3 times quickly and hold:** Rewind\*

\* iPhone 3GS, iPhone 4 and iPod nano 5G only



## Using VoiceOver

- ▶ Activate the VoiceOver or VoiceControl feature on your iPhone.

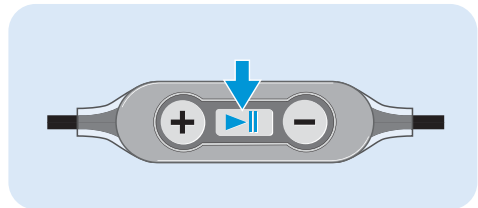
 For more information, see the User Guide for your iPhone.

To hear the **name of the track** and the **performer**:

- ▶ Hold down the ▶|| button.

To change the **playlist**:

- ▶ Hold down the ▶|| button until you hear a signal tone and the names of your playlists.
- ▶ Press the ▶|| button again when you hear the name of the playlist you want to listen to.



## Controlling phone functions\*

To accept/end a call:

- ▶ Press the ►|| button.

To reject a call:

- ▶ Press and hold the ►|| button for 2 seconds.



\* This function is only supported by certain iPhone models.

## Cleaning the earphones

---

### CAUTION

#### Danger of damage to the earphones!

Contact with any liquid under pressure or extended contact with any liquid can cause it to seep into the earphone housing resulting in damage to the earphone.

- ▶ Do not use any solvents or cleansing agents.
  - ▶ Do not immerse the earphones in water for extended periods of time.
  - ▶ Do not expose the earphones to excessive water pressure.
- 

- ▶ Remove the ear pads and the ear sleeves from the earphones.
- ▶ Use a cloth to carefully remove buildup from the earphones and ear pads.

Or:

- ▶ Carefully rinse the earphones under lukewarm running water.
- ▶ Then allow the earphones to air dry at room temperature.

# Specifications

## Earphones

Frequency response	18 to 20,000 Hz
SPL	120 dB (1 kHz/1 V <sub>rms</sub> )
Impedance	16 Ω
Weight	approx. 24 g

## Microphone

Frequency response	100 to 10,000 Hz
Pick-up pattern	omni-directional
Sensitivity (as per 121 TR 9-5)	-44 dB V/Pa

# Manufacturer Declarations

## Warranty

Sennheiser electronic GmbH & Co. KG gives a warranty of 24 months on this product.

For the current warranty conditions, please visit our website at [www.sennheiser.com](http://www.sennheiser.com) under "Service & Support" or contact your Sennheiser partner.

## Declaration of Conformity

**CE** This product is in compliance with the essential requirements and other relevant provisions of directives: EMC 2004/108/EC, RoHS 2002/95/EC, WEEE 2002/96/EC.

## WEEE Declaration

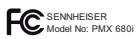


Please dispose of this product by taking it to your local collection point or recycling center for such equipment.

The declarations are available at [www.sennheiser.com](http://www.sennheiser.com).

Before putting the product into operation, please observe the respective country-specific regulations!

## Statements regarding FCC and Industry Canada

<b>FCC Declaration of Conformity (DoC)</b>	
 SENNHEISER Model No: PMX 680i	
We,	Sennheiser Electronic Corporation Strat. Marketing • Stefanie Reichert One Enterprise Drive • Old Lyme • CT 06371 • USA Tel: +1 (860) 434 9190, ext. 144 Fax: +1 (860) 434 1759
declare the above device comply with the requirements of Federal Communications Commission.	
This device complies with Part 15 of the FCC rules. Operation is subjected to the following two conditions: 1) This device may not cause harmful interference, and 2) This device must accept any interference received, including interference that may cause undesired operation.	
Responsible Party: John Falcone	

This device complies with Part 15 subpart b of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules.






These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This class B digital apparatus complies with the Canadian ICES-003.

Changes or modifications made to this equipment not expressly approved by Sennheiser electronic Corp. may void the FCC authorization to operate this equipment.

## In compliance with:

USA	FCC Part 15, subpart b	
Canada	ICES-003	
Europe	 	
Australia / New Zealand	 N340	
China		

## Trademarks

“Made for iPod”, “Made for iPhone” and “Made for iPad” mean that an electronic accessory has been designed to connect specifically to iPod, iPhone, or iPad, respectively, and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards. iPhone and iPod are trademarks of Apple Inc., registered in the U.S. and other countries. iPad is a trademark of Apple Inc.





Sennheiser electronic GmbH & Co. KG  
Am Labor 1  
30900 Wedemark  
Germany  
[www.sennheiser.com](http://www.sennheiser.com)

Printed in China  
Publ. 07/10  
540098/A03